**Change Plan**

What needs to happen/change/improve?

What will Parents do?

What will the child/young person do?

How will school help?

What have we achieved and who achieved it?

|  |  |
| --- | --- |
| 2 weeks |  |
| 1 Month |  |
| 2 Months |  |
| 6 Months |  |

What do parents need to do now to sustain the changes?

What can help if there are any lapses?