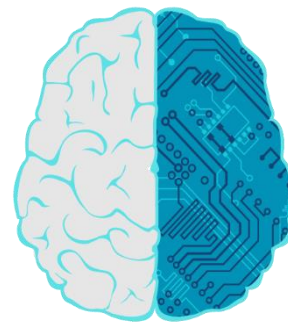


[www.childrenadntech.co.uk](http://www.childrenadntech.co.uk)

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## Support

Organisations you can contact for support and ones discussed in training Child and adult Counselling:  
UKCP <https://www.psychotherapy.org.uk/seeking-therapy/types-of-psychotherapy/>

Childline <https://childline.org.uk/> 0800 1111

NSPCC <https://www.nspcc.org.uk/>

Samaritans: 116 113

Young Minds: <https://www.youngminds.org.uk/>

Mind <https://www.mind.org.uk/>

NHS <https://www.nhs.uk/mental-health/>

## E-Safety:

Internet matters: <https://www.internetmatters.org/>

Get Safe Online <https://www.getsafeonline.org/>

South West Grid for Learning <https://swgfl.org.uk/>

Childnet <https://www.childnet.com/>

Child Exploitation and Online Protection <https://www.ceop.police.uk/>

Safety-Centre/ UK Council for Internet Safety <https://www.gov.uk/government/organisations/uk-council-for-internet-safety>

Lucy Faithfull Foundation <https://www.lucyfaithfull.org.uk/>

Marie Collins Foundation <https://www.mariecollinsfoundation.org.uk/>

Internet Watch Foundation <https://www.iwf.org.uk/>

National Cyber Security Centre <https://www.ncsc.gov.uk>